



**Oadby and Wigston  
Borough Council**

**Oadby and Wigston Community Safety Partnership  
in collaboration with  
Women's Aid  
Swanswell Alcohol, Drug and Support Services  
and  
Kathryn Heathcote (Oadby and Wigston's drug and alcohol  
outreach worker)**

**Information on Substance Misuse and Domestic  
Violence provision within the borough of Oadby  
and Wigston**





Swanswell is a charity that helps people get on top of drug, alcohol and other problem behaviour so they can change their lives for the better, feel well, do well and be happy.

Last year **6,095 people** received treatment at Swanswell and we reached **137,114 people** online.

We offer the following services in Leicestershire and Rutland to help people affected by drug and/or alcohol misuse.

- Drug support service
- Supervised consumption and pharmacy-based needle exchange
- Prescribing interventions
- Alcohol support service
- Recovery planning, review and tailored interventions
- Structured day care
- Family and carer support service

Our talented recovery workers will meet people at various locations, including one of our friendly, accessible hub and local delivery point (LDP) venues, in a convenient GP surgery, or in an appropriate community location.

Our hubs will be located in Hinckley and Loughborough with LDPs in Coalville, Melton Mowbray, Market Harborough and Wigston.

Access [www.swanswell.org](http://www.swanswell.org) to find out more and how you can contact us. Alternatively, telephone (0116) 257 2687 for further information.

All calls are treated in the strictest confidence.



Women's Aid Leicestershire Ltd (WALL) works all year round to raise awareness of the issue of Domestic Abuse.

The outreach service we provide in the borough is funded by Oadby and Wigston Community Safety Partnership and Leicestershire County Council.

Domestic Abuse can affect many individuals and the affect upon a person can be devastating and life changing.

We offer one to one support based on individual needs. We also provide support groups and safe emergency temporary accommodation to women, with or without children, fleeing domestic abuse.

Domestic abuse covers a wide range of abusive behaviours including physical, sexual, psychological, verbal and financial abuse. It knows no boundaries in terms of age, class, gender, culture, ethnicity, ability or sexual orientation. It is predominantly men's violence against women and children, that they know, but men are often affected too. The perpetrator can be a partner, an ex-partner or other family member. **We provide practical and emotional support and advice to both male and female victims of domestic and sexual abuse in the community.**

At WALL we aim to provide services that are sensitive to, and meet the needs of, individuals and children.

We will listen to you, support you and give you the time and space to decide what you want to do. We won't judge you because of what you say, or force you to make a decision you do not want to make.

**If you need confidential advice or support, please contact Women's Aid Leicestershire Ltd on 0116 242 6440/07866 816 454**

[www.wa-leicester.org.uk](http://www.wa-leicester.org.uk)



## **Kathryn Heathcote**

**Substance Misuse Outreach  
Worker**

**Oadby and Wigston Borough  
Council**

Kathryn is Oadby and Wigston's substance misuse outreach worker and works alongside Swanswell to deliver substance misuse provision in the borough.

Kathryn provides a confidential service including:

- Outreach
- One to one and group sessions
- Relaxation techniques
- Advice and support
- Family and friends liaison service
- Relapse prevention work
- Awareness programmes
- Counselling

If you, or someone you know, has drug or alcohol misuse issues, please feel free to contact Kathryn on:

**[Kathryn.heathcote@oadby-wigston.gov.uk](mailto:Kathryn.heathcote@oadby-wigston.gov.uk) or telephone 0792 055 9413 to  
speak to her personally**

This service is free, non judgemental and completely confidential.