



Reflection Points Trail

This trail gives a guide to beautiful points around Brocks Hill Country Park which can be visited and appreciated. It covers tranquil havens, nature and wildlife, sounds, picturesque views and places to inspire creativity. You could sketch or paint a beautiful scene, write poetry based on birds and trees, or even use the amphitheatre to enact a play.

(The red numbers below make reference to points on the trail map).

1. Amphitheatre

A tranquil area to listen to the sounds of nature. Hear the birds sing and chirp as they fly above. The plantation style of the planted trees leaves a sense of being securely wrapped by the trees, which are one of the longest lived features of the wider landscape.

2. Ash Tree

Interesting fact: Ash trees can survive for as little as 30 years and up to 300 years! This particular one is over 100 years old making it one of the oldest trees within the Country Park. Sit and admire the beauty from afar or delve into the woods closer to the tree to get a more detailed view. The trees around this feature are also ash producing a legacy for the future.

3. Winter Wood

Reflect upon the colourful woodland area that is alive with wildlife. A real bird-lover's hotspot. The area attracts a whole host of species including bullfinch, goldcrest, long tailed tit, starling, redwing, green wood pecker and tree creepers all singing from the branches of trees chosen especially for their coloured barks.

4. Ridge and Furrow Field

Appreciate medieval rural life by visiting the Ridge and Furrow field. The undulated or corrugated appearance marks what is left of the strip farming carried out in the Midlands before the Romans. The ridges of soil were thrown up by a one sided plough pulled by oxen to make a raised seed bed for the crops with the furrows in between as drainage. Blocks or 'furlongs' of these ridges were divided into strips and allocated to farming families.

5. Lucas Ponds

One of the most relaxing parts of the Country Park is Lucas Ponds. Take in the greenery and listen to the soothing sounds of trickling water. You may even get to spot our resident Kingfisher, which can be seen all year round. It's a delight to see its beautiful bright blue and orange colours flash past.

6. Wigston Nook

This field is sown with wildflowers. This makes for a beautiful array of colours which change with the seasons. The gentle background noises of the busy insects may accompany you on your way. Once you have taken in the beauty of nature's colour show, you can admire the surrounding views – on a clear day you can see Oadby Church and far out into the South Leicestershire Countryside!

Reflection Points Trail Map of Brocks Hill Country Park

(The red numbers on the map are referred to in the trail text).

Key:

1. Visitor Centre and Sun Dial
2. Memorial Tree
3. Community Orchard
4. Den Building Area
5. Tree Nursery
6. The Sun God
7. Rotary Wood
8. Wind Turbine
9. Wigston Nook
10. Wildflower Meadow
11. Lucas Ponds
12. Hay Meadow
13. Winter Wood
14. Ridge and Furrow Field
15. Ponds

